GOVERNMENT OF INDIA
HUMAN RESOURCE DEVELOPMENT
LOK SABHA

UNSTARRED QUESTION NO:2385
ANSWERED ON:01.08.2016
Physical Education in Schools
Datta Shri Sankar Prasad

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

(a) whether the Government proposes to include Physical Education as a compulsory activity in all the schools in line with the TET; and
(b) if so, the details thereof?

Answer

MINISTER OF STATE IN THE MINISTRY OF HUMAN RESOURCE DEVELOPMENT
(SHRI UPENDRA KUSHWAHA)

(a) and (b): As per the National Curriculum Framework (NCF), 2005, Health and Physical Education is a compulsory subject from Classes I to X and an optional subject at the higher secondary stage. National Council of Educational Research and Training (NCERT) has developed syllabi on Health and Physical Education, which outlines class-wise games and sports for students. As far as schools affiliated with Central Board of Secondary Education (CBSE) are concerned, Physical Education is an integral part of its Sports and Games System. CBSE, on 27.10.2010 had issued directions to all its affiliated schools to provide compulsory 40-45 minutes of Physical Activities/Games to the students of Classes I to X everyday and for at least 2 periods per week for students of Classes XI to XIII.
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